

Name: \_\_\_\_\_

**Cosmetologist****Directions:**

Evaluate the student by entering the appropriate number to indicate the degree of competency achieved.

**Rating Scale (0-6):**

- 0 No Exposure** – no experience/knowledge in this area; program/course did not provide instruction in this area  
**1 Unsuccessful Attempt** – unable to meet knowledge or performance criteria and/or required significant assistance  
**2 Partial Demonstration** – met some of the knowledge or performance criteria with or without minor assistance  
**3 Knowledge Demonstrated** – met knowledge criteria without assistance at least once  
**4 Performance Demonstrated** – met performance criteria without assistance at least once  
**5 Repeated Demonstration** – met performance and/or knowledge criteria without assistance on multiple occasions  
**6 Mastered** – successfully applied knowledge or skills in this area to solve related problems independently

0	1	2	3	4	5	6	A. Appreciate and apply all personal and workplace safety procedures	Notes:
							1. Demonstrate ability to work safely with equipment.	
							2. Demonstrate ability to work safely with implements.	
							3. Maintain an orderly work area.	
							4. Operate a fire extinguisher.	
							5. Demonstrate basic first aid procedures in cosmetology (i.e. blood spills, CPR).	
							6. Demonstrate proper cleaning and disposal of blood.	
							7. Use personal protective equipment when necessary (I.e. gloves, aprons).	
							8. Ensure safety of client.	
							Other:	

0	1	2	3	4	5	6	B. Sterilize and sanitize stations and equipment	Notes:
							1. Define sanitation terminology.	
							2. Apply methods of sanitation and sterilization.	
							3. Identify physical and chemical agents.	
							4. Demonstrate setting up a wet/dry sanitizer (ultra-violet ray).	
							5. Mix proper percentage solutions for manufactures' recommendations.	
							6. Identify and apply disinfectants and antiseptics commonly used in salons.	
							7. Explain sanitization procedures.	
							8. Demonstrate public sanitation (i.e. hand washing, clean restrooms, disposable towels, etc.).	
							Other:	

0	1	2	3	4	5	6	C. Demonstrate professional behaviors	Notes:
							1. Demonstrate professional ethics in cosmetology.	

								2. Practice essentials of personal grooming.	
								3. Maintain professional attitude.	
								4. Communicate effectively and courteously (co-workers and clients).	
								Other:	

0	1	2	3	4	5	6	<b>D. Maintain and operate implements and equipment</b>	<b>Notes:</b>
							1. Identify types of equipment and implements.	
							2. Operate equipment correctly.	
							3. Operate implements correctly.	
							4. Maintain equipment correctly.	
							5. Maintain implements correctly.	
							Other:	

0	1	2	3	4	5	6	<b>E. Explain bacterial physiology and its effects</b>	<b>Notes:</b>
							1. Describe the three forms of bacteria.	
							2. Identify pathogenic and nonpathogenic bacteria.	
							3. Explain how the body fights infection.	
							Other:	

0	1	2	3	4	5	6	<b>F. Analyze and use shampoos</b>	<b>Notes:</b>
							1. Determine pH of shampoos.	
							2. Differentiate among types of shampoos.	
							3. Demonstrate proper shampoo procedures.	
							4. Demonstrate proper use of conditions.	
							Other:	

0	1	2	3	4	5	6	<b>G. Analyze scalp disorders</b>	<b>Notes:</b>
							1. Determine scalp disorders.	
							2. Recognize scalp diseases.	
							3. Suggest treatment for scalp disorders.	
							4. Understand what products do for this disorder.	
							5. Identify animal parasites.	
							Other:	

0	1	2	3	4	5	6	<b>H. Conduct scalp treatments</b>	<b>Notes:</b>
							1. Follow proper procedure for hair brushing.	
							2. Follow proper procedure for scalp manipulations.	
							3. Apply high frequency treatments to scalp.	
							4. Apply heat cap treatments.	
							Other:	

0	1	2	3	4	5	6	<b>I. Create finger waves</b>	<b>Notes:</b>
							1. Finger wave entire head using a side part.	
							2. Place a vertical finger wave on side of head.	
							3. Place a shadow wave on the back of the head from ear to ear.	
							Other:	

0	1	2	3	4	5	6	<b>J. Create pin curls</b>	<b>Notes:</b>
							1. Place ridge curl in set.	
							2. Place sculptured curl in a shaping.	
							3. Place row of full stem curls in a shaping.	
							4. Place row of half stem curls in a shaping.	
							5. Place row of no stem curls in a shaping.	
							6. Place a row of standup curls.	
							7. Place a row of barrel curls.	
							8. Form a ridge wave on one side of the head.	
							9. Complete a basic set using various types of pin curls.	
							Other:	

0	1	2	3	4	5	6	<b>K. Create roller sets</b>	<b>Notes:</b>
							1. Place rollers on base, off-base, and half-base.	
							2. Place rollers for half bang.	
							3. Place rollers for hair to go back on top.	
							4. Place vertical rollers in back to create various types of rollers sets.	
							Other:	

0	1	2	3	4	5	6	<b>L. Perform comb outs</b>	<b>Notes:</b>
							1. Relax the style with proper brush out techniques.	

								2. Apply basic comb out techniques.	
								3. Back comb hair.	
								4. Back brush hair.	
								5. Demonstrate control, balance, and form.	
								Other:	

0	1	2	3	4	5	6	M. Cut hair using appropriate tools	Notes:
							1. Section hair for a basic cut using bone structure of face and head as guide.	
							2. Follow guidelines for a basic hair cut (man, woman, child).	
							3. Cut a one length style with zero elevation using shears.	
							4. Cut a basic style using shears.	
							5. Cut a basic style using a razor.	
							6. Cut a style with high elevation (layered style).	
							7. Thin hair using thinning shears.	
							8. Thin hair using razor.	
							9. Demonstrate proper use of clippers.	
							Other:	

0	1	2	3	4	5	6	N. Analyze hair and identify treatments	Notes:
							1. Perform elasticity test on hair.	
							2. Perform porosity test on hair.	
							3. Identify hair texture.	
							4. Identify type of hair treatment to be used.	
							5. Record hair analysis results.	
							Other:	

0	1	2	3	4	5	6	O. Identify nail physiology and disorders	Notes:
							1. Identify nail disorders.	
							2. Identify parts of the nail.	
							3. Recognize nail diseases.	
							4. Determine various shapes of a nail.	
							5. Suggest treatments for nail disorders.	

								Other:	
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0	1	2	3	4	5	6	P. Perform a basic manicure	Notes:
							1. Identify implements for manicuring.	
							2. Arrange implements and materials properly.	
							3. Demonstrate how to sanitize implements.	
							4. Perform a plain manicure.	
							5. Perform a hot oil manicure.	
							6. Repair a broken natural nail.	
							7. Apply a sculptured nail.	
							8. Apply a nail tip.	
							9. Perform a nail wrap.	
							10. Give an arm and hand massage.	
							11. Identify safety measure in manicuring.	
							Other:	

0	1	2	3	4	5	6	Q. Perform a complete pedicure	Notes:
							1. Identify implements/materials for a pedicure.	
							2. Arrange implements/materials for a pedicure.	
							3. Demonstrate how to sanitize implements.	
							4. Perform a plain pedicure.	
							5. Give a foot and lower leg massage.	
							6. Identify safety measures in pedicuring.	
							Other:	

0	1	2	3	4	5	6	R. Perform permanent waves	Notes:
							1. Determine appropriate rod size to be used.	
							2. Wrap the top section going forward.	
							3. Wrap the side with vertical rods.	
							4. Wrap the side with horizontal rods.	
							5. Wrap specialty wraps (i.e. loop rods, spiral waves).	
							6. Differentiate between the types of permanent wave lotions.	

								7. Apply solution.	
								8. Perform a test curl.	
								9. Giver permanent wave.	
								10. Demonstrate proper rinsing.	
								Other:	

0	1	2	3	4	5	6	S. Blow dry hair	Notes:
							1. Blow dry hair using vent brush.	
							2. Blow dry hair using round brush.	
							3. Blow dry hair using a diffuser.	
							4. Demonstrate proper techniques in blow drying.	
							5. Style hair using the blow drying method.	
							Other:	

0	1	2	3	4	5	6	T. Demonstrate thermal hair styling techniques	Notes:
							1. Identify when to use a hard and/or soft press.	
							2. Give hard press.	
							3. Give a soft press.	
							4. Demonstrate thermal curl.	
							5. Demonstrate a spiral curl.	
							6. Demonstrate an on base curl.	
							7. Demonstrate an off base curl.	
							8. Demonstrate a half on, half off base curl.	
							9. Demonstrate use of a Marcel iron.	
							Other:	

0	1	2	3	4	5	6	U. Demonstrate chemical relaxing	Notes:
							1. Assess condition of scalp and apply protective cream.	
							2. Determine proper strength product to use.	
							3. Section hair for a chemical relaxer.	
							4. Straighten hair using thio chemical relaxer.	
							5. Straighten hair using sodium hydroxide relaxer using proper procedure.	

								Other:	
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0	1	2	3	4	5	6	<b>V. Perform soft curl perms</b>	<b>Notes:</b>
							1. Determine proper product to use.	
							2. Determine correct rod size.	
							3. Section hair for a soft curl perm.	
							4. Straighten hair using correct product.	
							5. Demonstrate wrapping a soft curl permanent wave.	
							6. Demonstrate proper rinsing.	
							Other:	

0	1	2	3	4	5	6	<b>W. Perform facials</b>	<b>Notes:</b>
							1. Identify the histology of skin.	
							2. Explain the purpose and types of facial treatment.	
							3. Cleanse the face.	
							4. Give facial massage.	
							5. Give basic facial.	
							6. Apply a facial mask.	
							Other:	

0	1	2	3	4	5	6	<b>X. Select and apply makeup</b>	<b>Notes:</b>
							1. Identify the balance and shape of the face.	
							2. Determine and apply correct color of base/foundation to be used.	
							3. Apply appropriate makeup.	
							4. Apply individual lashes.	
							5. Apply strip lashes.	
							6. Follow proper sanitation procedures.	
							Other:	

0	1	2	3	4	5	6	<b>Y. Select and apply eyebrow and eyelash cosmetic treatments</b>	<b>Notes:</b>
							1. Identify shapes of eyes and eyebrows.	
							2. Arrange implements and materials.	
							3. Give lash and bow tint.	

								4. Follow proper safety and sanitation procedures.	
								Other:	

0	1	2	3	4	5	6	<b>Z. Perform hair removal</b>	<b>Notes:</b>
							1. Match types of hair removal to correct procedure.	
							2. Use implements correctly.	
							3. Practice safety and sanitation measures.	
							4. Apply wax depilatory.	
							5. Identify chemical depilatory.	
							Other:	

0	1	2	3	4	5	6	<b>AA. Select and apply hair coloring</b>	<b>Notes:</b>
							1. Understand the principle of the color wheel.	
							2. Identify levels of color.	
							3. Identify color tones.	
							4. Determine natural color level.	
							5. Determine desired color level.	
							6. Follow manufacturer's directions as it relates to color.	
							7. Demonstrate a strand test.	
							8. Demonstrate a patch test.	
							9. Apply a temporary color.	
							10. Apply a semi-permanent color.	
							11. Apply a permanent tint retouch with a brush.	
							12. Apply a permanent tint retouch with a bottle.	
							13. Apply a virgin tint.	
							14. Apply a filler and color for a tint back.	
							15. Follow safely measures in hair coloring.	
							Other:	

0	1	2	3	4	5	6	<b>AB. Select and apply hair bleach and tones</b>	<b>Notes:</b>
							1. Determine natural color level.	
							2. Determine desired color level.	



								3. Highlight the hair with technique of choice.	
								4. Give a bleach retouch.	
								5. Give a virgin bleach.	
								6. Apply a toner.	
								7. Follow safety measures in hair lightening.	
								Other:	

0	1	2	3	4	5	6	AC. Identify and describe anatomical structures related to the head, arms, hands, and feet	Notes:
							1. Identify and describe the functions of the muscles of the head, arms, hands, and feet.	
							2. Identify bones, muscles, and nerves of the head, arms, hands, feet.	
							3. Distinguish between the sensory and motor nerves.	
							Other:	

0	1	2	3	4	5	6	AD. Implement basic chemistry related to cosmetology	Notes:
							1. Define chemistry.	
							2. Identify the physical properties of matter.	
							3. Describe the properties of common elements, compounds, and mixtures.	
							4. Explain acidity and alkalinity.	
							Other:	

0	1	2	3	4	5	6	AE. Demonstrate salon management techniques	Notes:
							1. Describe procedures to open and operate a salon.	
							2. Identify regulations and applicable laws.	
							3. Demonstrate methods of advertising a salon.	
							4. Demonstrate techniques for managing a salon.	
							5. Keep client records.	
							Other:	

0	1	2	3	4	5	6	AF. Abide by state laws governing cosmetology	Notes:
							1. Explain the purpose of state law regarding cosmetology.	
							2. Read State Law requirements and regulations.	
							3. Pass state law test with at least 75% success.	

								4. Demonstrate adherence to current state laws.	
								Other:	

0	1	2	3	4	5	6	AG.Demonstrate leadership skills and tasks	Notes:
							1. Demonstrate an understanding of SkillsUSA/VICA, its structure, and activities.	
							2. Demonstrate an understanding of one's personal values.	
							3. Perform tasks related to effective personal management skills.	
							4. Develop and maintain a code of professional ethics.	
							5. Maintain a good professional appearance.	
							6. Perform basic task related to securing and terminating employment.	
							7. Perform basic parliamentary procedures in a group meeting.	
							Other:	

0	1	2	3	4	5	6	AH.Provide effective customer service and communication	Notes:
							1. Demonstrate good interpersonal skills.	
							2. Demonstrate etiquette and courtesy.	
							3. Demonstrate effectiveness in oral and written communications.	
							4. Perform procedures for appointment booking.	
							5. Demonstrate good telephone communication skills.	
							6. Demonstrate how to sell services and products.	
							7. Demonstrate proper reassurance through touch.	
							Other:	

0	1	2	3	4	5	6	AI. Demonstrate leadership skills in the classroom, industry, and society	Notes:
							1. Demonstrate an understanding of Skills USA/VICA, its structure, and activities.	
							2. Demonstrate an understanding of one's personal values.	
							3. Perform task related to effective personal management.	
							4. Demonstrate interpersonal skills.	
							5. Demonstrate etiquette and courtesy.	
							6. Demonstrate effectiveness in oral and written communication.	
							7. Develop and maintain a code of professional ethics.	

								8. Maintain a good professional appearance.	
								9. Perform basic task related to securing and terminating employment.	
								10. Perform basic parliamentary procedures in a group meeting.	
								Other:	